2026 MENU

DATE	LUNCH	DINNER		FAST KITCHEN DAILY SPECIALS
Thursday 1 October *Day 25*	Almond Crusted Cod Hamburger Yakisoba Herbed Baked Chicken	Chicken Gumbo Pork Schnitzel Fish Onion-Lemon Baked	Salad Bar Assorted Pastry	Philly Cheese Steak Chicken Tender Pizza Mozzarella Sticks Jalapeno Poppers
Friday 2 October *Day 26*	BBQ Beef Cubes Greek Lemon Chicken Basil Baked Fish	Maple Glaze Salmon Sundried Tomato Pesto Pasta Pineapple BBQ Meatballs	Salad Bar Assorted Pastry	Fish Sandwich Philly Cheese Steak Pizza Mozzarella Sticks
Saturday 3 October *Day 27*	Lemon Pepper Baked Chicken Caribbean Catfish *Grilled Steak*	Swiss Steak w/ Brown Gravy Stuffed Green Peppers w/ Turkey and Lentils Spicy Chicken Shawarma	Salad Bar Assorted Pastry	Chicken Philly Chicken Tenders
Sunday 4 October *Day 28*	Jamaican Chicken Thai Vegetable Curry Creole Shrimp	Grilled Honey Sriracha Chicken Chili Mac *Roast Beef*	Salad Bar Assorted Pastry	Chicken Philly Chicken Tenders
Monday 5 October *Day 1*	Southwestern Sweet Potatoes, Black Beans & Corn Baked Salmon w/ Herb Vinaigrette Mambo Pork Roast	Pasta Primavera Chicken Scampi Country Style Steak	Salad Bar Assorted Pastry	BBQ Pork Sandwich Hot Italian Sausage Sandwich BLT Sandwich
Tuesday 6 October *Day 2*	Beef Stir Fry Sundried Tomato Pesto Pasta Mr. Z Baked Chicken	Barbecue Pork Loin Baja Baked Cod Greek Lemon Chicken	Taco Taco Salad Salad Bar	Chicken Patty Sandwich BBQ Pork Sandwich Philly Cheese Steak Mozzarella Sticks
Wednesday 7 October *Day 3*	Lasagna Shrimp Jambalaya Cajun Chicken	Ginger BBQ Chicken Roast Pork Tenderloin Thai Vegetable Curry	Salad Bar Assorted Pastry	Hot Wings Philly Cheese Steak Chicken Tender Mozzarella Sticks Jalapeno Poppers

MENU SUBJECT TO CHANGE

Thursday 8 October *Day 4*	Chicken Parmesan Meat Loaf Grilled Salmon w/ Citrus Butter	Hot & Spicy Chicken Pasta Toscano w/ Italian Sausage *Roast Pork Tenderloin*	Salad Bar Assorted Pastry	Philly Cheese Steak Chicken Tender Pizza Mozzarella Sticks Jalapeno Poppers
Friday 9 October *Day 5*	Polish Sausage Basil Baked Fish Spaghetti w/ Meatballs Ground Turkey	Baked Fish w/ Lemon Garlic Butter Lime Chicken Tacos Braised Beef & Noodles	Salad Bar Assorted Pastry	Fish Sandwich Philly Cheese Steak Pizza Mozzarella Sticks
Saturday 10 October *Day 6*	Grilled Pork Chops Savory Baked Chicken Slow Braised BBQ Beef	Chesapeake Bay Shrimp Chicken Kabob Pasta Primavera	Salad Bar Assorted Pastry	Chicken Philly Chicken Tenders
Sunday 11 October *Day 7*	Cheese Tortellini w/ Marinara Pepper Steak Bourbon Chicken	Beef Stew Lemon Baked Fish Herbed Baked Chicken	Salad Bar Assorted Pastry	Chicken Philly Chicken Tenders
Monday 12 October Columbus Day *Day 8*	Lasagna Chichen Tenders Baked Salmon w/ Herb Vinaigrette	Chicken Gumbo *BBQ Beef Brisket* French Fried Shrimp	Salad Bar Assorted Pastry	BBQ Pork Sandwich Hot Italian Sausage Sandwich BLT Sandwich
Tuesday 13 October *Day 9*	BBQ Pork Loin Meat Loaf BBQ Chicken	Chicken, Baked Mexican Southwestern Fish Beef Fajitas	Taco Taco Salad Salad Bar Assorted Pastry	Chicken Patty Sandwich BBQ Pork Sandwich Philly Cheese Steak Mozzarella Sticks
Wednesday 14 October *Day 10*	Roast Pork Tenderloin Citrus Herb Chicken Mediterranean Salmon	Grilled Steak Portobello Fajitas Baked Salmon	Salad Bar Assorted Pastry	Hot Wings Philly Cheese Steak Chicken Tender Mozzarella Sticks Jalapeno Poppers
Thursday 15 October *Day 11*	Country Style Fried Steak Southern Fried Chicken Southern Fried Catfish	Chicken & Broccoli Stir Fry Shrimp Kabob Teriyaki Steak	Salad Bar Assorted Pastry	Philly Cheese Steak Chicken Tender Pizza Mozzarella Sticks Jalapeno Poppers

Friday 16 October *Day 12*	Grilled Pork Chops Creole Shrimp Baked Creole Spiced Chicken	Chicken Florentine Italian Broccoli Pasta Parmesan Fish	Salad Bar Assorted Pastry	Fish Sandwich Philly Cheese Steak Pizza Mozzarella Sticks
Saturday 17 October *Day 13*	Beef Stew Pork Schnitzel Lemon Pepper Catfish	Crispy Southern Cornflake Chicken Swedish Meatballs Sweet & Spicy Orange Salmon	Salad Bar Assorted Pastry	Chicken Philly Chicken Tenders
Sunday 18 October *Day 14*	Greek Lemon Turkey Pasta Oven Fried Fish Steak Ranchero	Roast Beef Sundried Tomato Pesto Pasta Chicken Cacciatore	Salad Bar Assorted Pastry	Chicken Philly Chicken Tenders
Monday 19 October *Day 15*	Creole Fish Fillets Tuscan Chicken Teriyaki Steak	Chicken Ala King Baked Fish Pasta Primavera	Salad Bar Assorted Pastry	BBQ Pork Sandwich Hot Italian Sausage Sandwich BLT Sandwich
Tuesday 20 October *Day 16*	Honey Ginger Chicken Pepper Steak Cheese Manicotti	Caribbean Beef Curry Baked Salmon Grilled Honey Sriracha Chicken	Taco Taco Salad Salad Bar Assorted Pastry	Chicken Patty Sandwich BBQ Pork Sandwich Philly Cheese Steak Mozzarella Sticks
Wednesday 21 October *Day 17*	Baja Fish Taco Baked Mexican Chicken Stuffed Green Peppers	Basil Baked Fish Turkey Breast Fillet Eggplant Parmesan	Salad Bar Assorted Pastry	Hot Wings Philly Cheese Steak Chicken Tender Mozzarella Sticks Jalapeno Poppers
Thursday 22 October *Day 18*	Fish Onion-Lemon Baked Simmered Beef Cajun Chicken	Harvest Veg & Bean Ragout Grilled Pork Chops Cajun Meatloaf	Salad Bar Assorted Pastry	Philly Cheese Steak Chicken Tender Pizza Mozzarella Sticks Jalapeno Poppers
Friday 23 October *Day 19*	Baked Salmon Pineapple BBQ Meatballs Honey Mustard Chicken Breast	Pork Carnitas Spinach Lasagna Savory Baked Chicken	Salad Bar Assorted Pastry	Fish Sandwich Philly Cheese Steak Pizza Mozzarella Sticks

Saturday 24 October *Day 20*	Turkey & Spinach Meatloaf Crispy Oven Baked Chicken Parmesan Fish	Teriyaki Chicken Cheese Tortellini w/ Marina Stuffed Green Peppers w/ Beef	Salad Bar Assorted Pastry	Chicken Philly Chicken Tenders
Sunday 25 October *Day 21*	Honey Ginger Chicken Salisbury Steak French Fried Shrimp	Baked Chicken Southwestern Shrimp Linguine Beef Bulgogi	Salad Bar Assorted Pastry	Chicken Philly Chicken Tenders
Monday 26 October *Day 22*	Chicken Fajitas Baked Fish Pasta Primavera	Creole Fish Fillets Stir Fry Chicken w/ Broccoli Teriyaki Steak	Salad Bar Assorted Pastry	BBQ Pork Sandwich Hot Italian Sausage Sandwich BLT Sandwich
Tuesday 27 October *Day 23*	Roast Beef Spaghetti w/ Turkey Meat Sauce Pork Chop w/ Pineapple Asian Glaze	Turkey Nuggets Beef Stew Sundried Tomato Pesto Pasta	Taco Taco Salad Salad Bar Assorted Pastry	Chicken Patty Sandwich BBQ Pork Sandwich Philly Cheese Steak Mozzarella Sticks
Wednesday 28 October *Day 24*	Sweet & Spicy Orange Salmon Chili Mac Chicken Kabob	BBQ Chicken Pepper Steak *Southern Fried Catfish*	Salad Bar Assorted Pastry	Hot Wings Philly Cheese Steak Chicken Tender Mozzarella Sticks Jalapeno Poppers
Thursday 29 October *Day 25*	Almond Crusted Cod Hamburger Yakisoba Herbed Baked Chicken	Chicken Gumbo Pork Schnitzel Fish Onion-Lemon Baked	Salad Bar Assorted Pastry	Philly Cheese Steak Chicken Tender Pizza Mozzarella Sticks Jalapeno Poppers
Friday 30 October *Day 26*	BBQ Beef Cubes Greek Lemon Chicken Basil Baked Fish	Maple Glaze Salmon Sundried Tomato Pesto Pasta Pineapple BBQ Meatballs	Salad Bar Assorted Pastry	Fish Sandwich Philly Cheese Steak Pizza Mozzarella Sticks
Saturday 31 October *Day 27*	Lemon Pepper Baked Chicken Caribbean Catfish *Grilled Steak*	Swiss Steak w/ Brown Gravy Stuffed Green Peppers w/ Turkey and Lentils Spicy Chicken Shawarma	Salad Bar Assorted Pastry	Chicken Philly Chicken Tenders